About the Family Center

The Family Center was created just for you, the students, families and staff of El Rincon Elementary School, in the Fall of 1998. Our services are provided at no cost by a staff of knowledgeable professionals and trained student interns. Our mission is to provide a place for families to feel welcome and find the support necessary to improve their quality of life at home and to address any barriers to their child succeeding in school.

About our Services

- Referrals for Health Care, Medical Insurance and After-School Care
- Individual, Family Counseling and Coaching for the Successful Student Program
- After-school skill building groups
- Parenting workshops
- Support with Student Success Team (SST) or Individual Education Plan Meetings (IEP)
- Health education groups for students
- Year-round support to case managed families
- Tutoring referrals

Linkage to programs like:

Pepperdine Psychological and Educational Clinic Didi Hirsch Community Mental Health Center

Hours of Operation

(always available by phone for consultation)

Family Center Staff 2009-2010

Ms. Mitchell is a full-time Clinical Supervisor with Green Dot Public Schools and works at the Family Center after school and in the evenings. To allow the Family Center to remain open we have to case manage families and Ms. Mitchell will monitor the Individual and Family Service Plans with Dr. IFekwunigwe. Ms. Mitchell will also be available for after school groups for students and families.

Professional Support Services

Dr. Muriel Ifekwunigwe, RN, MPH, EdD ~ School Health Specialist

Dr. Ifekwunigwe has been with our Family Center since it began in the Fall of 1998. In addition to serving as our school health specialist, she is an Assistant Clinical Professor of Nursing at the University Elementary School, UCLA, hold a Masters degree in Public Health, a Doctorate degree in Education from Pepperdine University and has over 30 years of experience in the field of school health. Dr. Ifekwunigwe performs several important functions at the Family Center including providing case management, in-class health lessons, crisis intervention, parent education and support to teachers and staff. She supervises several rotating teams of student nurses from both Mount Saint Mary's College and UCLA each year.

Bridgette Mitchell, LCSW ~ School Counseling Specialist

Ms. Mitchell is our counseling specialist. She facilitates skill building groups for students after school and family groups in the evening. Ms. Mitchell has been with the Family Center since January, 1999. She has a dual Bachelor's of Arts degree from Pomona Collage in Psychology and Public Policy Analysis; a Master's degree in Social Welfare, with a specialization in children and families, from UCLA; and, is a licensed clinical social worker (LCSW). Ms. Mitchell is a specialist in Play Therapy with children and families and has earned her certification as a Registered Play Therapist & Supervisor (RPT-S) from the Association for Play Therapy. Additionally, Ms. Mitchell holds two Pupil Personnel Services Credentials, one in School Social Work and the second in Child Welfare and Attendance. Ms. Mitchell oversees our school counseling and case management programs.

Nursing Student Interns

Dr. Ifekwunigwe supervises our nursing students from Mt. Saint Mary's College and UCLA. The students from Mt. Saint Mary's are Senior Nursing students, this is their last rotation before they graduate. They obtain clinical experience working with children, health education teaching, observations in the classroom and assisting School Nurse, Diana Castro, in the health office. Nursing students from UCLA are in the Master's Nurse Practitioner Program and they are here to obtain experience in the area of school health.

El Rincon Elementary School FAMILY CENTER

11177 Overland Avenue, Room 8 Culver City, Ca 90230 (310) 842-4378

9:30 AM \sim 6:30 P.M. (Muriel) (Bridgette 4:00 - 6:30) After 6 PM by appointment only **MONDAY**

9:30 AM \sim 6:30 P.M. (Muriel) (Bridgette 4:00 Pm \sim 6:30 Pm) after 6 Pm by appointment only **TUESDAY**

4:30 PM ~ 6:00 PM BY **WEDNESDAY**

APPOINTMENT (BRIDGETTE)

(MURIEL 9:30 AM - 12:30 PM BY APPOINTMENT ONLY)

THURSDAY CLOSED FRIDAY CLOSED

FOR EMERGENCIES CONTACT THE SCHOOL OFFICE AT (310) 842-4340